



Youth Leadership St. Johns

To Bring & Not To Bring?

Don't Forget...

- Pillow and pillow case
- Twin size sheets or sleeping bag
- Towels (1 swimming and 1 bathing)
- Athletic shoes and socks for Challenge Course (**you must have athletic shoes to participate**)
- Comfortable shoes or flip flops
- Shower shoes
- Casual comfortable clothes
- Sweatshirt/Sweater for conference room (We won't be able to control the AC)
- Swimsuit
- Extra change of clothes. We will do outside activities rain or shine!
- Hat, sunglasses
- Radio, CD player, iPod can only be used during free time
- Flashlight
- Sunscreen
- Insect Repellant
- Don't forget the essentials...toothpaste, toothbrush, shampoo, soap and deodorant!
- You may bring your cell phone, however please leave it either in your car or cabin during sessions.
- You may bring snacks for your cabin; however, the Chamber will provide a small variety of snacks and drinks. There are no vending machines.

DO NOT bring...

- Pets
- Drugs or weapons
- Alcoholic Beverages
- Cigarettes
- Toxic or flammable materials
- Expensive jewelry or anything that would make you upset if it was lost or stolen!